



HUNADO
MAGYAR ANTIDOPPING CSOPORT
KÖZHASZNÚ NONPROFIT KFT.
HUNGARIAN ANTI-DOPING GROUP

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ANNUAL REPORT

2020

HUNGARIAN ANTI-DOPING GROUP

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Hungarian Anti-Doping Group Health and Service Non-profit Limited Liability Company

The Hungarian Anti-Doping Group Ltd. was established on March 20, 2007, to participate in Hungarian anti-doping activities. The company's employees, as Doping Control Officers, had already participated in the domestic anti-doping fight, but now they have been given the opportunity to establish an independent and effective anti-doping organization in its work.

In August 2007, the organization won the 2003 CXXIX Public Procurement Tender by the Ministry of Local Government and Regional Development, pursuant to the Act on the Rules of Anti-Doping Activities, 88.2007 (IV.26.) Government Decree No 55.2004 (III.31.) for the implementation of doping sampling and management procedures as defined in the government decree and for the full presentation of the tasks of the National Anti-Doping Organization (NADO). In this way, the Hungarian Anti-Doping Group Ltd. fulfilled its full authority and all its tasks until 31 December 2011. Although the Public Procurement Contract had not previously obliged The Hungarian Anti-Doping Group Ltd. in this respect, the company nevertheless carried out non-profit-making management throughout its existence and used its entire revenue to fight doping.

Subsequently, the regulation of anti-doping activities was amended in 2011 in order to fully comply with the provisions of the WADA Code, in Government Decree 43.2011 (III.23.), which currently defines the activities of the National Anti-Doping Organization (HUNADO). In 2011, during the public procurement procedure registered under number 28313, which was announced by the Hungarian Olympic Committee in the field of "full performance of the tasks of the National Anti-Doping Organization (HUNADO) as defined in Government Decree No. 43.2011 (III.23) on the rules of anti-doping activities", the Hungarian Anti-Doping Group Ltd., which was founded as a non-profit organization for public benefit, repeatedly applied for and won it, and subsequently, a contract of assignment was

OUR MOTTO IS "HONEST PLAY IS THE ONE WAY."

awarded with the Hungarian Olympic Committee. On the basis of this mandate, the Hungarian Anti-Doping Group Non-profit Ltd. continued to perform the full tasks and powers of the National Anti-Doping Organization (HUNADO) in the period from 01 January 2012 to 31 December 2015.

It was an honor and at the same time a professional recognition for us that after the end of this period, as a result of a public procurement procedure conducted in two cycles by the State Secretariat for Sports of the Ministry of Human Resources, the Hungarian Anti-Doping Group Ltd. has been given the trust and mandate to carry out the tasks of the National Anti-Doping Organization (HUNADO) until 31 December 2023.

The guiding principle of our activities is that "doping is fundamentally contrary to sport", therefore the most important goal of our anti-doping work is to enforce the prohibition of unreasonable performance-enhancing on the basis of the current legal and other regulatory background, thereby achieving and preserving the "spirit of sport", its purity, and equal opportunities.

Our motto is "Honest play is the only way!"

One of the many levels of our anti-doping activity is doping control itself, which goes from the planning and organization of sampling, through the on-site execution of urine and/or blood collection to safe transport to the appropriate laboratory. Another part of our activity is the educational – preventive activity, in which we provide the information necessary for the cleanliness of the sport, doping legislation, warnings, current prohibition lists, etc. to Athletes and the professionals who help them.

Table of contents

Testing program	4
Sampling in numbers.....	5
Doping discipline cases	10
NADO tasks carried out in 2020	12
Organization of international competitions	19
RECOGNITIONs	19
PRESENTATIONs.....	20
International cooperation.....	22
Evaluation of the 2020 anti-doping program.....	24
Organization structure	30
Contacts	31

TESTING PROGRAM

The anti-doping activities of the Hungarian Anti-Doping Group Non-profit Ltd., as a professional organization with the tasks and powers of the National Anti-Doping Organization (HUNADO), carried out in 2020:

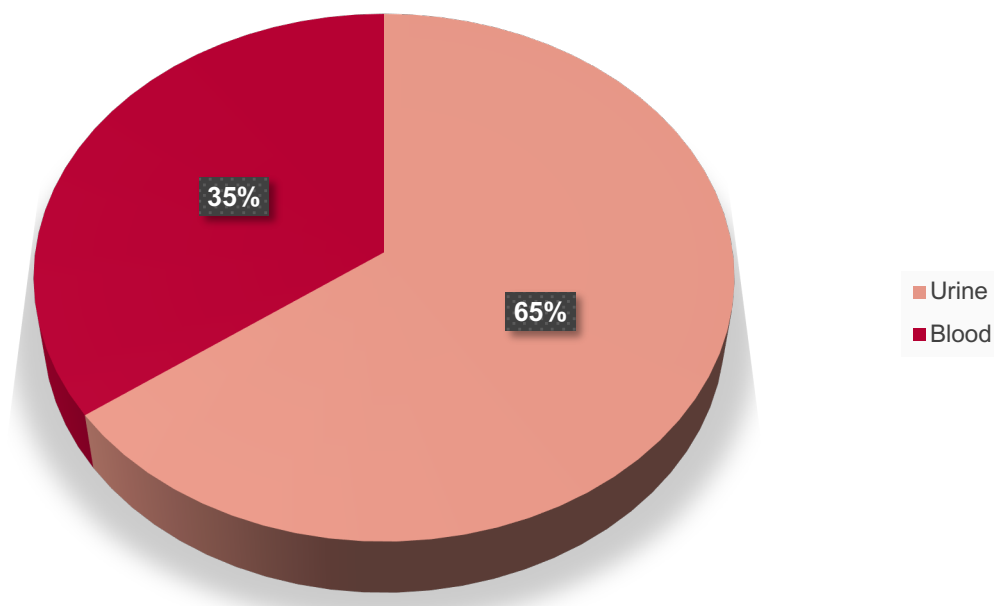
The anti-doping activities of the Hungarian Anti-Doping Group are multi-level, one part of which is doping control itself, which takes place from the planning, organization of sampling, through the on-site processing of urine and / or blood collection, to safe transport to the appropriate laboratory. The other part of the activity is the NADO tasks defined by the amendment of Government Decree 43.2011 (III.23) on "Rules of Anti-Doping Activity" which entered into force on 01 January 2017 and are prescribed in the Public Procurement Tender, which constitute the proper functioning of the National Anti-Doping Organization. In addition to doping control, awareness-raising and prevention activity remains a priority NADO task, in which information on the purity of sport, doping legislation, warnings and the current, up-to-date Prohibition List should be distributed to Athletes and the professionals assisting them.

We can state that in the period between 14.02.2020 and 31.12.2020, the Hungarian Anti-Doping Group Non-profit Ltd. (HUNADO) fulfilled the contracted order and the prescribed NADO tasks.

SAMPLING IN NUMBERS

By 31 December 2020, a total of 1460 tests have been carried out by state order.

Distribution of samples:



Urine - 955 (65%); Blood - 505 (35%)

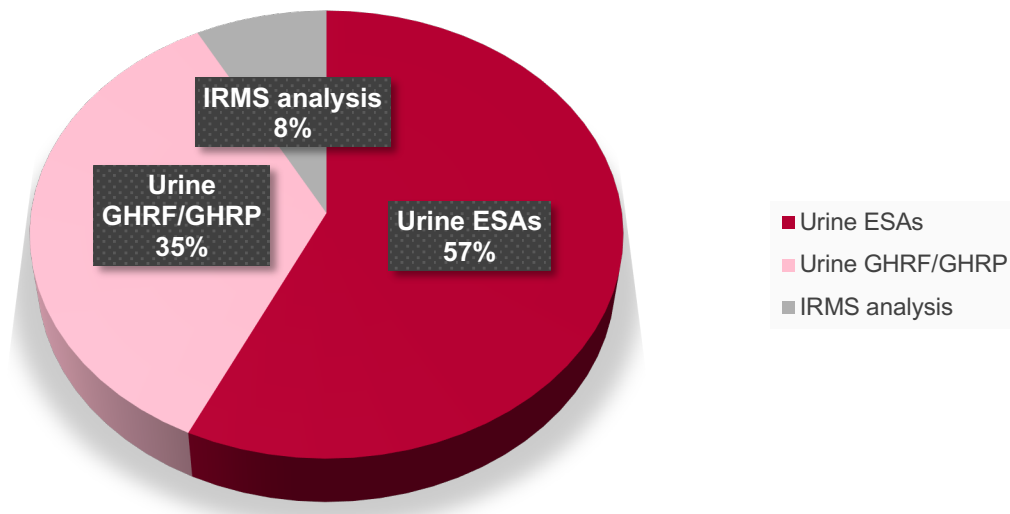
Blood tests were carried out in the direction of the following analyses: Growth hormone / Erythropoiesis stimulating agents / Biological Passport Program - Examination of blood parameters

Laboratory analysis of samples:

Blood / Urine test: WADA accredited laboratory in Seibersdorf - 1460 (100%)

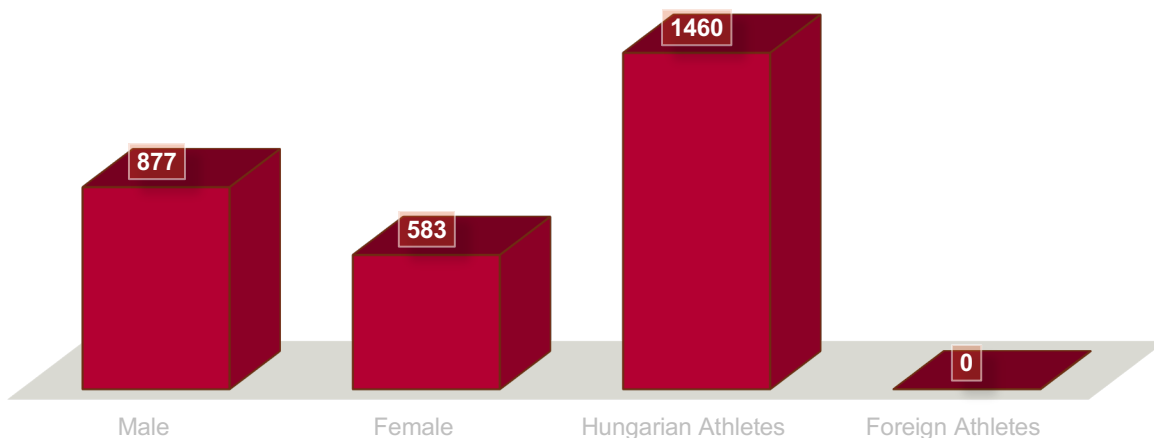
Additional tests (urine GHRF/GHRP, urine ESAs analysis and IRMS isotope ratio measurement) required by WADA for each sport have been carried out on the basis of the relevant WADA Technical Document (WADA TD2020SSA).

According to the current WADA Technical Document (WADA TD2020SSA), the type and number of mandatory additional analyses are:



Urine ESAs: 138; urine GHRF/GHRP: 85; IRMS analysis: 19

Gender distribution of sampling:



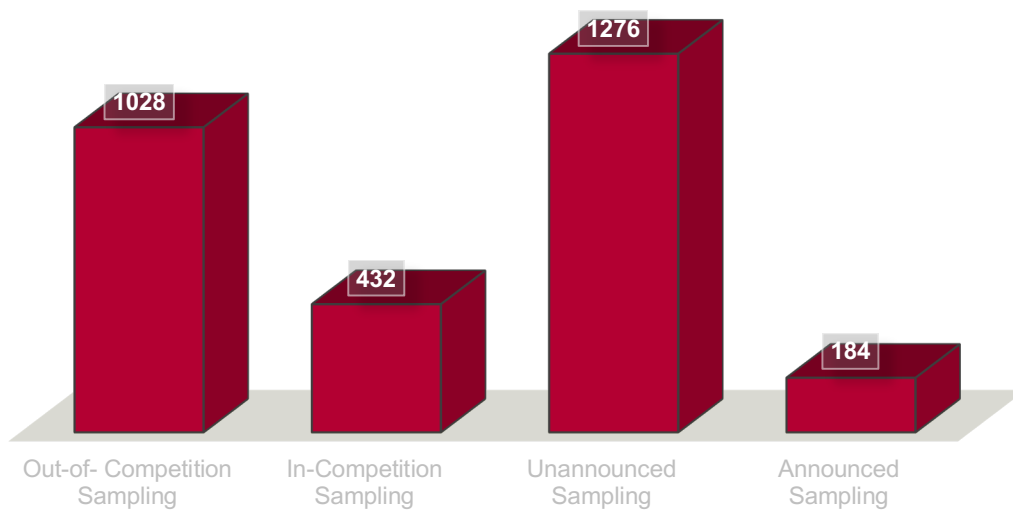
Total men: 877 (60%)

Total women: 583 (40%)

Total Hungarian Athletes: 1460 (100%)

Total foreign Athletes: 0 (0%)

Distribution of sampling:



Out-of-competition sampling: 1028 (70%)

Competition sampling: 432 (30%)

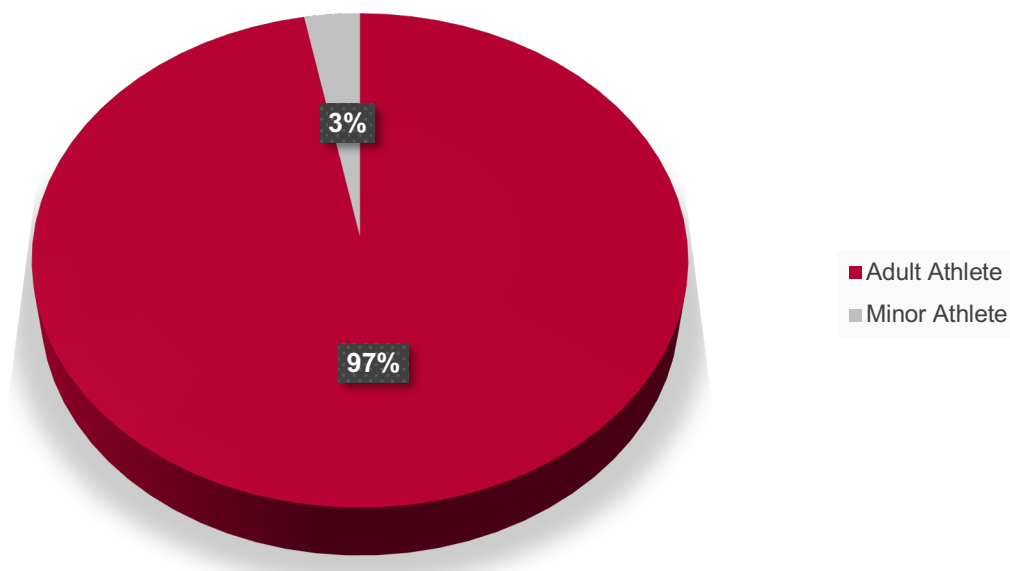
Unannounced sampling: 1276 (87.40%)

Pre-announced sampling (reported): 184 (12.60%)

Justification for pre-announced sampling:

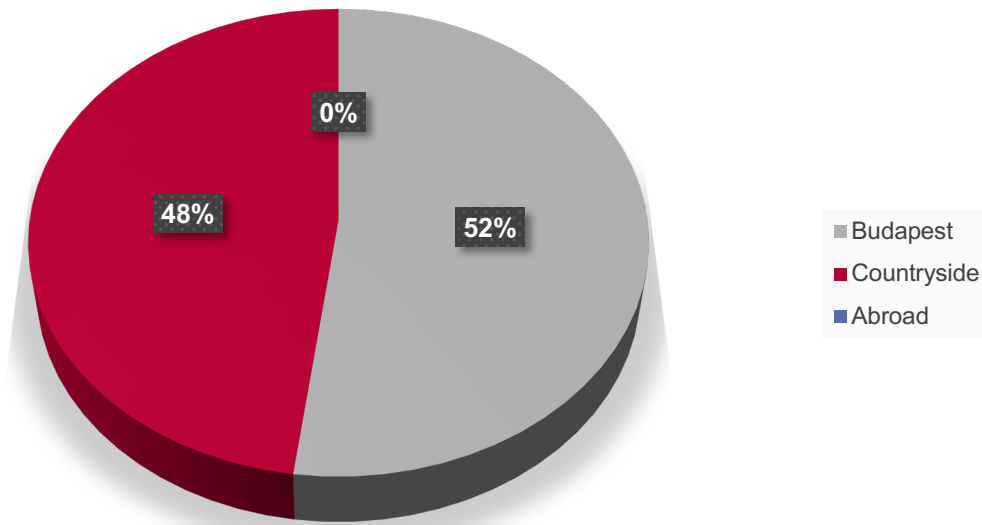
Between 04 and 25 May 2020, during the health emergency, in consultation with representatives of WADA and the Central European Anti-Doping Organizations (CEADO) and obtaining the approval of the State Secretariat for Sport of the Ministry of Human Resources, an extraordinary Sampling Protocol was introduced to exemplify the Austrian sampling procedure. According to the extraordinary Sampling Protocol, Athletes are assigned to doping control within 24-48 hours in order to comply with strict antiviral health measures, subject to the necessary health questionnaire surveys. The sampling was carried out in a designated medical institution which meets the required health criteria and is regularly disinfected. After 25 May 2020, sampling will take place unannounced as required by WADA's International Standard for Sampling (ISTI).

Age distribution of Athletes subject to doping control:



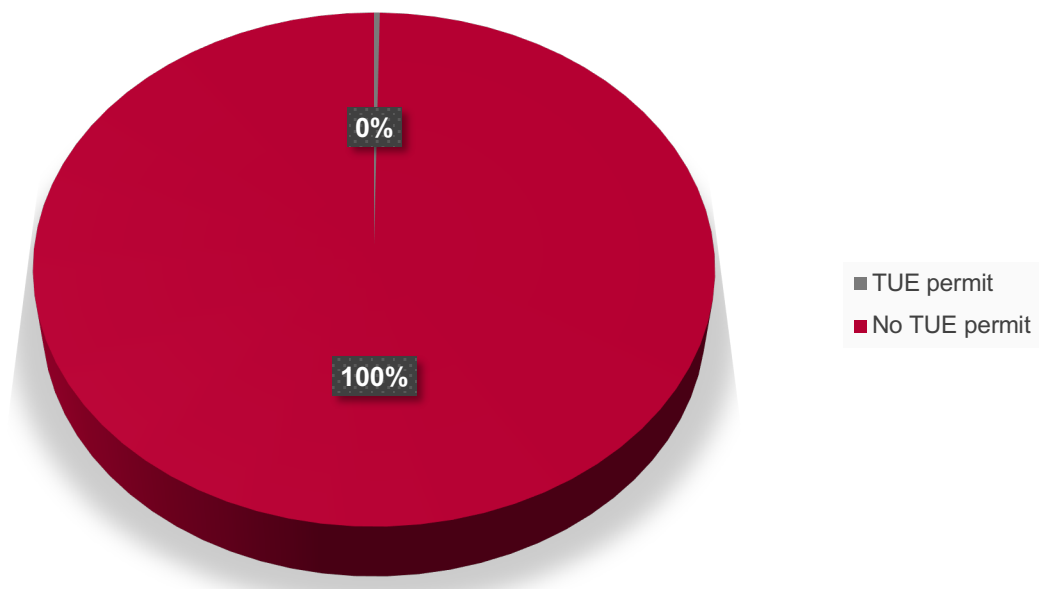
Adult Athlete - 1423 (97%), Minor Athlete - 37 (3%)

Distribution of samples by location:



Budapest - 761 (52.12%), Countryside - 699 (47.88%), Abroad - 0 (0%)

During the doping control, the Athlete announced the existence of a TUE permit:



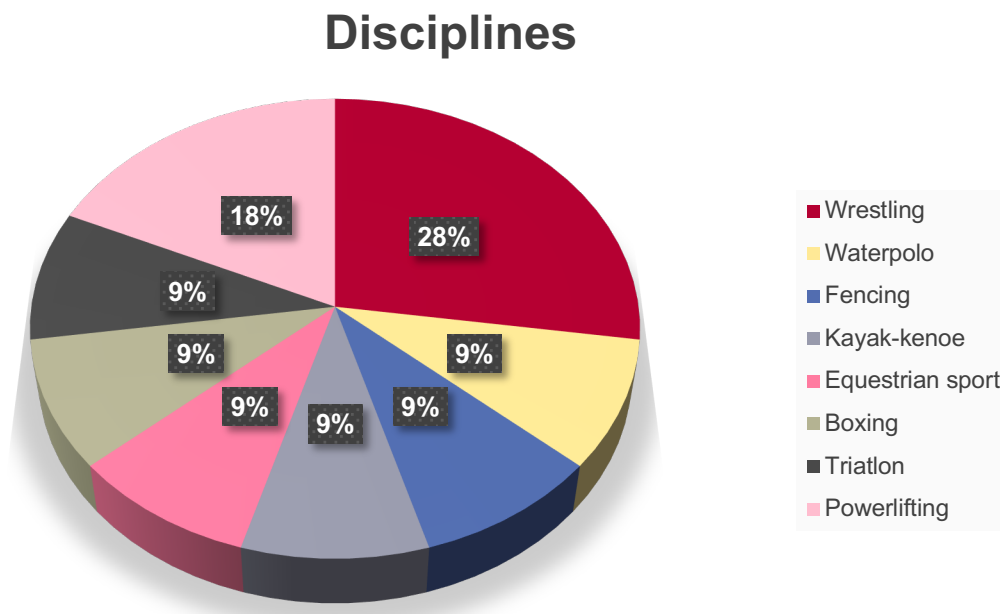
TUE permit - 4 (0.3%), TUE permit: none - 1456 (99.7%)

DOPING DISCIPLINE CASES

Regarding the publication of doping cases registered in 2020, in accordance with the legal regulations, the Hungarian Anti-Doping Group complies on its website.

https://www.antidoping.hu/editor_up/dopfegyugyek/DISCIPLINARY_CASES_20210731.pdf

Doping discipline cases in 2020:



Wrestling: 3 people, Water polo: 1 person, Fencing: 1 person, Canoeing: 1 person, Equestrian sport: 1 person, Boxing: 1 person, Triathlon: 1 person, Powerlifting: 2 people

Failed sampling procedure and failure to provide whereabouts information:

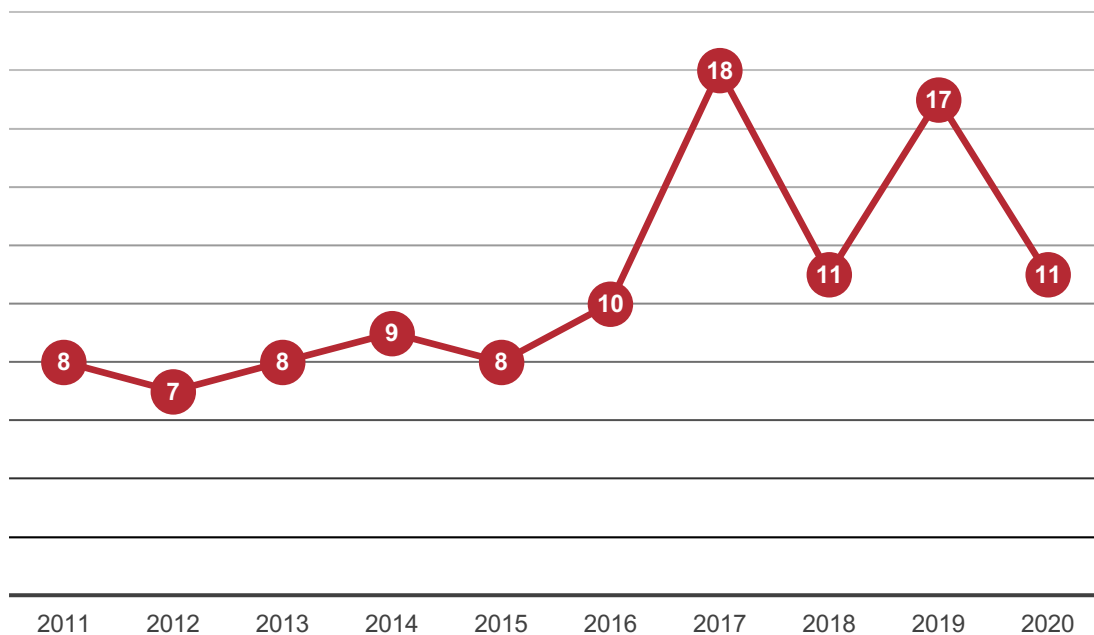
An unsuccessful doping sampling procedure is established and recorded when, on the basis of the whereabouts information sheet submitted by the Athlete, Doping Control Officers search for the designated Athlete at the specified location and time, but he/she is not at the place and time specified by the Athlete. Pursuant to the WADA Code and the current

Hungarian Government Decree, 3 unsuccessful samples within 12 months are the basis for a finding of an anti-doping rule violation and will result in disciplinary action in all cases.

According to the records of the Hungarian Anti-Doping Group, among the members of the National Registered Testing Pool, **the provision of whereabouts information was registered in 145 cases in 2020**, of which in 123 cases the Athlete was exempted on the grounds submitted, while in **22 cases the omission was stated**; furthermore, **unsuccessful sampling was documented in 64 cases** - of which in 44 cases the Athlete was exempted on the grounds submitted, while **20 cases were assessed for failure to act**.

No doping discipline proceedings were initiated for any Athlete.

Development of doping discipline procedures between 2011 and 2020



NADO TASKS CARRIED OUT IN 2020

- **In addition to continuous WADA monitoring and control, HUNADO continues to enjoy WADA's full compliance status.**
- **HUNADO completed the written phase of WADA's 3-year 2020 (2018-2019-2020) comprehensive compliance audit for all NADO tasks within the specified deadline (24.11.2020). The oral presentation will take place in January 2021, online.**
- **A complete revision of the HUNADO Code, harmonizing with the provisions of the new WADA Code, effective January 1, 2021, has been completed and submitted to WADA.**
- The proposals required by the Government Decree for the **State Secretariat for Sport** of the Ministry of Human Resources were prepared by the Hungarian Anti-Doping Group (test distribution plan, annual sample number appropriation, National Registered Testing Pool) and sent for approval.
- **The data sent to the State Secretariat of the Ministry of Human Resources responsible for Sport** by the sports federations, as required by the Government Decree (previous year's anti-doping report, plan for this year's anti-doping work, competition calendars, proposal for the members of the Registered Testing Pool) were processed, aggregated, and sent by the Hungarian Anti-Doping Group.
- **In the case of a positive sample A or conduct giving rise to anti-doping rule violations**, in accordance with the legislation in force, notifying the designated entities and persons and complying with the **disclosure obligation** and taking into account the data protection regulations, the final positive cases have been published on HUNADO's website.
- The samplings were carried out in accordance with the contract, in each case by **the Doping Control Officers** whose credentials were issued by the managing director of the Hungarian Anti-Doping Group Non-profit Ltd. Currently, the Hungarian Anti-Doping group has 45 major Doping Control Officers, which number was optimally sufficient to fulfill the

orders of the state and other anti-doping organizations (sports federations, tournament directors, etc.) in 2020.

- The equipment and sampling **unit packages** for sampling have been obtained in accordance with international standards and are recorded in a strict accounting system. The intended use of the devices is strictly controlled and hazardous waste is handled as prescribed (SEPTOX).
- The **WADA Accredited Doping Control Testing Laboratory in Seibersdorf**, which performs laboratory analysis, carried out laboratory analyses in accordance with the applicable contract and the provisions of the relevant International Standard for Laboratories. The sample (blood/urine) test results sent for laboratory doping analysis are continuously received, processed, and archived.
- All blood tests have been carried out by contracted and qualified Doping Control Officers, in accordance with international regulations. Only high-quality devices manufactured and distributed in a quality control system, widely used in the Hungarian health care system, are used for blood collection.
- **The first annual review audit of the ISO quality management system in the year following the adoption of the new Standard 2015 (17 April 2020), conducted online in view of the exceptional circumstances (skype), has been completed with full success and the doping control system operated by the Hungarian Anti-Doping Group continues to fully comply with the requirements of the MSZ EN ISO 9001:2015 Standard.**
- In accordance with the contract, liability insurance has been concluded for doping controls, which is currently in force.

In 2020 no damages occurred, and no claims were made against the Hungarian Anti-Doping Group Non-profit Ltd.

- The **Internal Audit Group** of the Hungarian Anti-Doping Group continues to work actively, implementing quality control of doping controls and supervising DCOs on the ground. The aim of these efforts is to maintain high professional standards of doping controls

and to ensure integrity. DCOs are supervised both on site, during practical work, during the preparatory phase of sampling and when handling of documents. At random, several cases have been carried out this year for internal audits, deficiency detection and sampling conditions.

No anti-doping rule violation has failed to be found by the fault of the Hungarian Anti-Doping Group or due to incomplete work.

- The **chain of custody security system** is also used for the transport of samples: at the end of sampling, the inspector packs the samples in the designated transport bag and seals it on the spot. The integrity of the seal must be ensured until it is transported to the laboratory, where it is checked by the receiving laboratory and recorded in a report. If the seal is damaged, an investigation shall be launched in each case to find the causes. The samples are stored in the office of the Hungarian Anti-Doping Group Non-profit Ltd., in a lockable refrigerator, among other safety measures, until they are transported to the laboratory.
- By means of secret file management and the obligation of confidentiality, Doping Control Officers ensure that information about doping controls is not leaked in advance, so that random checks are indeed carried out in an Unannounced manner. A report is drawn up for each sampling, which is evaluated by the Internal Audit. During the supervising, the work of Doping Control Officers is also checked on the spot, and once a month all DCOs undergo mandatory training and reporting. A framework cooperation contract for doping controls will be concluded with all Doping Control Officers, while other expert activities are carried out on order and with a certificate of compliance.
- The **valid international Prohibition List** appears on the website (www.antidopping.hu) in two breakdowns – factory, marketing name and composition, compound name – indicating the possibility of obtaining a possible Therapeutic Use Exemption (TUE permit). The current list is continuously maintained and updated.

- **The Doping Information phone number**, which is answered by a qualified doping expert during working hours, is in operation, from 8 a.m. to 5 p.m., to answer a number of incoming questions. Furthermore, questions or comments arriving on the e-mail addresses displayed on the website (antidopping@antidopping.hu; tiltolista@antidopping.hu or info@antidopping.hu) are answered as soon as possible. The main objective is to ensure that information on anti-doping activities can only be displayed at the highest professional level, the authenticity and accuracy of the data published are strictly verified.
- The official website of the Hungarian Anti-Doping Group is **an accessible and modernized website that is easy to use for visually impaired Athletes**. The website (www.antidopping.hu) is constantly being developed and uploaded to make up-to-date and important information and news available to all interested parties.
- Members of the **National and International Registered Testing Pool (RTP and IRTP)** have been informed by letter and statements of consent were sent to them.
- **All modules of the international information ADAMS system have been implemented. The English-language whereabouts information system has been translated by the Hungarian Anti-Doping Group and made available to Hungarian Athletes and WADA, so that basic instructions can be displayed in Hungarian in the ADAMS system, thus helping Hungarian Athletes to use them smoothly. According to WADA regulations, whereabouts information can only be provided through the international ADAMS system.** Everyone who is currently a member of the National Registered Testing Pool- i.e. obliged to provide whereabouts information - has been registered in the ADAMS system, the access codes have been sent to them and all Athletes have been provided with instructions for regular use in newsletters, e-mails and free publications. In view of the fact that language difficulties are a problem for many Athletes in the management of the international whereabouts system, the Hungarian Anti-Doping Group has undertaken

to assist and mediate in communication between the Athlete and the International Sports Federation and in the proper management of the whereabouts system.

- **Regardless of the epidemiological situation, the obligation to provide whereabouts information has been continuous, which the Hungarian Anti-Doping Group has continued to monitor and sanction in case of deficiency or non-compliance in accordance with WADA regulations.**
- WADA has introduced a modernized, **modified, new international information system** – ADAMS (Next Generation ADAMS), which all athletes had to switch to and reactivate their own account with new access codes with the help of the Hungarian Anti-Doping Group. **The system changeover was carried out smoothly by the Athletes with the help of the Hungarian Anti-Doping Group.**
- In order to transition to the new ADAMS system, the coordination of Athletes' core data with the World Anti-Doping Agency (WADA) is ongoing.
- **Failed sampling** has been registered, documented and **sanctioned**.
- The **failure to provide information on whereabouts** was registered, documented and the necessary **sanctioning** carried out among the members of the National Registered Testing Pool as a basis for anti-doping rule violations.
- In connection with the website, the Hungarian Anti-Doping Group periodically issued and distributed **electronic newsletters** to related sports federations and Athletes in order to provide up-to-date information and to promote anti-doping activities.
- The **Hungarian TUE Committee** is still operated by the Hungarian Anti-Doping Group as required by the Government Decree and provides all financial and material conditions for the operation of the professionally independent Committee.
- The **Doping Committee at first instance** and the **Doping Appeals Committee** at second instance are operated by the Hungarian Anti-Doping Group as required by the Government Decree and provide all financial and material conditions for the functioning

of the Committees. Decisions of the Committees are sent in English to the World Anti-Doping Agency (WADA).

- **Between 11 March and 04 May 2020, due to the closure of national borders, the introduction of curfews and the declaration of a health emergency, the Hungarian Anti-Doping Group (HUNADO) was forced to stop sampling** in line with WADA's pandemic measures and the practices of central European National Anti-Doping Organizations (Austria, Croatia, Slovenia, Slovakia and Serbia). However, apart from the samplings requiring a face-to-face meeting between the Doping Control Officer and the Athlete, all other so-called NADO tasks and administrative work continued during this time and were fully fulfilled even under special circumstances.
- During the coronavirus pandemic, the Hungarian Anti-Doping Group has been in constant discussions with virological experts of the National Epidemiology Center, the Medical Committee of the Hungarian Olympic Committee and the staff of the National Institute of Sport Health. The Hungarian Anti-Doping Group has taken the necessary preventive measures and precautions regarding the health emergency and has obtained the epidemiological protective equipment.
- The Hungarian Anti-Doping Group has informed Athletes in several newsletters about the continuity of their obligation to provide whereabouts information, on the development of the epidemiological situation, health precautions and current anti-doping information and news. It maintains continuous telephone and e-mail duty so that all incoming questions can be answered as soon as possible.

The current information has been constantly updated on the website of the Hungarian Anti-Doping Group.

- Communication between **the Medical Committee of the Hungarian Olympic Committee, the Head of the National Institute of Sport Health** and the Hungarian Anti-Doping Group has been **ongoing since the withdrawal of the epidemiological emergency.**

- **As of 25 May 2020, the extraordinary Sampling Protocol established and adopted as a cause of the virus pandemic has been discontinued in the implementation of the sampling procedure, and doping controls have been carried out again only in accordance with the current HUNADO Code and relevant International Standard (ISTI).**
- The Hungarian Anti-Doping Group has launched a **tender** for Hungarian **sports federations and sports bodies entitled "Deploying anti-doping information tents for major domestic sporting events"**. The Hungarian Anti-Doping group assumes the full cost of the placement of the anti-doping information tent and the production of the information materials used. The information tent is part of the WADA Outreach Education Program, where the Hungarian Anti-Doping Group publishes its own edition of information publications, the WADA quiz available in several languages, and gives interactive anti-doping education presentations. The tender was carried out in an orderly way within the deadline, the selected organizations have been notified.
- The Hungarian Anti-Doping Group has launched a **tender** for Hungarian **sports federations and sports bodies to hold free anti-doping presentations**. (10 free presentations for Hungarian sports federations and 5 free presentations for sports bodies in Budapest and rural locations) The tender was conducted in an orderly way within the specified deadline, the selected organizations have been notified.
- The Hungarian Anti-Doping Group Ltd. and SYNLAB Group's Hungarian laboratory diagnostic service unit has concluded a cooperation agreement **for Doping Control Officers** to perform regular and continuous **SARS-CoV-2 COVID-19 antigen tests (PCR tests)** in order to detect possible contamination of Doping Control Officers as efficiently and quickly as possible. (Budapest, 27.08.2020)
Doping Control Officers are constantly screened.
- The head of HUNADO gave **a report** to the Medical Committee of the Hungarian Olympic Committee on the state **of doping controls in 2020 and on preparations for the Tokyo Summer Olympics**. (Budapest, 28.09.2020)

- Two members of the Hungarian Anti-Doping Group participated in the **international anti-doping workshop** "Risk Assessment in Individual Sports and Related Laboratory Tests" held online on 23.11.2020 by the WADA Accredited Laboratory in **Seibersdorf**.
- The Hungarian Anti-Doping Group Non-profit Ltd. sends its detailed **Annual Report** and **statistics** on anti-doping activities to the State Secretariat for Sport of the Ministry of Human Resources and sends it to WADA in English.
- The **contacts with the Hungarian sports press** are very close, the Executive Director undertook several media appearances in virtually every Hungarian medium during this period, so that we can keep the public up to date about the current state of anti-doping work and draw attention to the danger of doping.

ORGANIZATION OF INTERNATIONAL COMPETITIONS

- The Hungarian Anti-Doping Group has successfully completed the doping control of the International Swimming League (ISL) competition series held between 12.10.2020 and 22.11.2020 in an "Athletes' bubble". The event and the in-competition and out-of-competition sampling related to the series of competitions received extremely high international attention, with several international organizations involved in ordering the sampling (FINA/ITA; UK.Anti-Doping-UKAD; Belgian and Lithuanian Anti-Doping Organizations).
- The Hungarian Anti-Doping Group has successfully completed the 2020 doping audit of the 2020 Judo Grand Slam Budapest organized by the International Judo Federation (IJF) in an "Athletes' bubble". (2020.10.22-25)

RECOGNITIONS

- **On the occasion of the Hungarian Parasport Day, the Board of the Hungarian Paralympic Committee awarded Dr. Ágnes Tiszeker**, the head of the Hungarian Anti-Doping Group and the National Anti-Doping Organization, **the István Plesa Prize for her**

outstanding work for parasport. The award was presented by Mike Peters, Executive Director of the International Paralympic Committee (IPC), László Szabó, President of the Hungarian Paralympic Committee, the National Association of Students, Competition and Leisure Sports for the Disabled, and Lídia Dömölky, Olympic Champion fencer. With this award, domestic anti-doping work was also recognized.

PRESENTATIONS

- The head of HUNADO gave a **presentation** at the **Sports Dietetics Training** of the University of Physical Education entitled "New trends in the world of doping and challenges in the fight against doping". Due to the extraordinary circumstances, the presentation took place online via the ZOOM application. (Budapest, 03. 04. 2020)
- For the third time, the head of HUNADO was invited to **give** a presentation at the **postgraduate training of "Sports Diplomacy Consultants" of Szent István University** of Győr entitled "Diplomatic tasks in the fight against doping, or new trends and challenges in doping control". Patron of the training: Dr. Barnabás Kovács, Consul General of Hungary in Barcelona. Due to the extraordinary circumstances, the presentation took place online via the ZOOM application. (Budapest, 18. 04. 2020)
- The head of HUNADO gave a **presentation** at the anti-doping training of the Hungarian Association **of Coaches' flagship coaching program**, in order to fulfill the **mandatory anti-doping education program that can be obtained for coaches in a credit system**, entitled "New trends in the world of doping and challenges in the fight against doping", with the participation of nearly 180 coaches and sports professionals. Due to the extraordinary circumstances, the presentation took place online via the ZOOM application. (Budapest, 16.06.2020)
- The head of HUNADO gave a **presentation** at the request of the Organizing Committee of the **Eger Cardiology Days Medical Conference** entitled "The Dark Side" - New Trends in the World of Doping and Challenges in the Fight against Doping. In view of the

exceptional circumstances, the presentation was recorded and is available online for the registered participants of the conference. (Budapest, 2-4 July 2020)

- The head of HUNADO gave a **presentation to the Athletes and coaches of the adult and youth frameworks organized by the Hungarian Rowing Federation** entitled "New trends in the world of doping and challenges in the fight against doping" at the Olympic Training Camp of Dunavarsány. (Dunavarsány, 27.08.2020)
- The head of HUNADO gave a **presentation to coaches and sports professionals working in the adult and youth framework and participating in the special coaching program organized by the Hungarian Association of Coaches (276 registered participants)** entitled "New trends in the world of doping and challenges in the fight against doping in the shadow of the COVID pandemic". (Online, 06.10.2020)
- The head of HUNADO gave a **presentation** at the invitation of the **National Institute of Sports Health** and in the organization of the sports **medicine** exam preparation course for doctors facing the examination, entitled "Headlines, new trends and rules in the fight against doping". (Budapest Sports Hospital, 09.10.2020)
- HUNADO's head gave a **presentation** at a jointly organized training **conference** between Price Waterhouse and Coopers (PwC) and the **Hungarian Ice Hockey Federation**, entitled "New trends in the world of doping and challenges in the fight against doping in the shadow of the COVID pandemic". (Budapest, 22.10.2020)
- The head of HUNADO gave a **presentation** at the Training Conference of the **Hungarian Canoe Federation**, the leaders of the sport, coaches and sports professionals (188 registered participants), entitled "New trends in the world of doping and challenges in the fight against doping in the shadow of the COVID pandemic". (Online, 13.11.2020)
- The head of HUNADO gave a **presentation to coaches and sports professionals working in the adult and youth framework and participating in the special training program (278 registered participants)** entitled "New trends in the world of doping and challenges in the fight against doping in the shadow of the COVID pandemic". (Online, 08.12.2020)

- The Hungarian Anti-Doping Group continues to work hard **in education and prevention**, during this period several presentations were given on anti-doping:
 Joint organization with the Hungarian Equestrian Sports Association, the anti-doping tasks for the sport, the coordination of plans for this year (Budapest, 2020-02-17); E-learning presentation on anti-doping organized by the National Institute of Sports Health, in the framework of the sports medicine examination preparatory course (21. 02.2020); Anti-doping presentation organized by the Hungarian Boxing Federation for national team members and their coaches (Online, 10.12.2020); Anti-doping presentation organized by the Hungarian Ice Hockey Federation for national team members and their coaches (Online, 14.12.2020); Anti-doping presentation organized by the Hungarian National Ice Skating Federation for national team members and their coaches (Online, 16.12.2020); Anti-doping presentation organized by the Hungarian Canoe Federation for national team members and their coaches (Online, 21.12.2020).

INTERNATIONAL COOPERATION

- At the invitation of the Slovak National Anti-Doping Organization, the Hungarian Anti-Doping Group participated with a 3-person delegate at the **HUNADO-SADA meeting held in Bratislava from 07-08.07.2020**, at which an agreement and action plan for the establishment of close cooperation were drawn up in the future. The development of a joint anti-doping education program (e-learning program and publications) has been given particular importance, especially regarding the inclusion of Athletes of Hungarian nationality living and competing in Slovakia in anti-doping information.
- Once every two weeks, HUNADO consults with representatives of the Central European National Anti-Doping Organizations (CEADO countries) on the development of the epidemic situation by teleconference.
- **Between 04 and 25 May 2020, during the health emergency, in consultation with representatives of WADA and the Central European Anti-Doping Organizations**

(CEADO), an extraordinary Sampling Protocol was introduced to exemplify the Austrian sampling procedure.

- Two members of the Hungarian Anti-Doping Group attended the online general meeting of the **Central European Regional Anti-Doping Organization (CEADO)**, where a representative of HUNADO also gave a presentation entitled "Change of regulation in the use of Glucocortico-steroids in 2021-2022". (Online, 01.12.2020)
- The Hungarian Anti-Doping Group participated in a workshop organized jointly by the Polish NADO (POLADA) and WADA with a 1-person delegate, held **in Warsaw between 26-28.02.2020**, at which WADA's regulation on result management was presented.

EVALUATION OF THE 2020 ANTI-DOPING PROGRAM

1. Name of the program

HUNADO Anti-Doping Education Program 2020 – "Play True Nexxt Generation"

2. Description

HUNADO's 2020 anti-doping program consisted of 3 parts:

- I. WADA Outreach Program - Info Tent
- II. Personal presentations for Athletes and professionals helping Athletes
- III. Online education

I. WADA Outreach Program (Info Tent)

In 2020, HUNADO organized three (3) such programs:

- a) **Canoeing:** "György Kolonics Memorial Competition" – Hungarian Children's, Puppy Championship, 12-13.09.2020,
- b) **Karate:** AVAS Cup – International competition for youth and children's competitors 26.09.2020,
- c) **Handball:** Olympic Qualifying Competition for adult teams, 4.10.2020.





II. Personal presentations for Athletes and professionals assisting Athletes

Personal presentations, including roundtable discussions, are the most eye-catching and persuasive. Instant interactive feedback helps the rapporteur to establish a dialogue with the audience, where topics of interest to those present can be targeted. Unfortunately, due to the pandemic, this possibility was very limited during this period.

- presentation for Athletes and Personnel assisting Athletes - wrestling 17.01.2020
- presentation for Athletes and Personnel assisting Athletes - strength increase 17.01.2020

- presentation for Athletes and Personnel assisting Athletes - gymnastics 13.02.2020
- presentation for Athletes and Personnel assisting Athletes- rowing 27.08.2020

III. Online Education

Due to the pandemic, most of our presentations took place online.

Our qualified presenters, including sports professionals, doctors, and Doping Control Officers, held regular online training sessions for sports professionals from the national teams of Olympic sports.

We are proud that thanks to our efforts, the education of anti-doping knowledge has been integrated into both the basic and postgraduate training programs of sports doctors. Anti-doping skills are also a compulsory curriculum for prospective dietitians studying at the University of Physical Education. This year, this training was partly conducted online.

HUNADO is also developing an online educational platform called "Play True Nextt generation". The program, which includes instructional videos, ends with a mandatory test. WADA's ADeL system program is recommended annually for Athletes, coaches, doctors, and other personnel assisting Athletes.

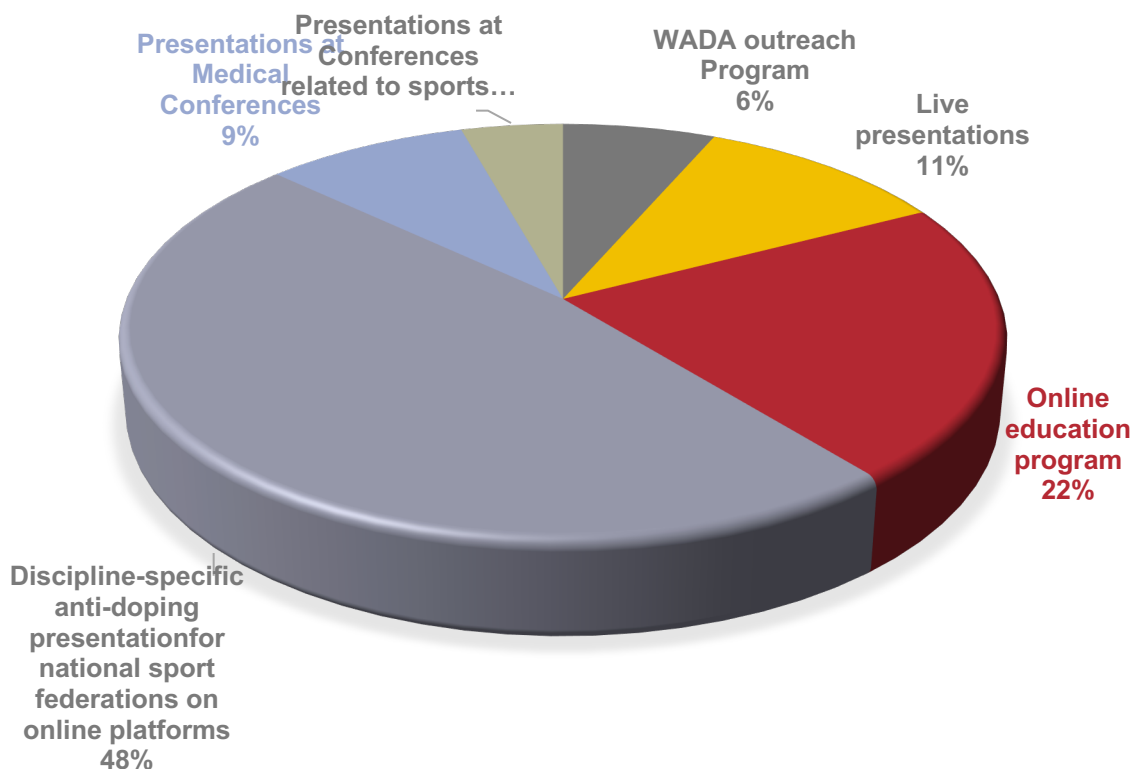
3. The purpose of HUNADO's education program

Our educational program has the following long-term goals:

- reducing the number of doping cases,
- promoting ethical behavior in sport (Play True),

- Reaching as many target groups as possible (from Athletes of all ages through personnel assisting Athletes to lay people interested)

4. Summary



WADA outreach Program (Info Tent): **3**

Live presentation: **5**

Online training program (for Athletes, sports professionals, sports organizers, regardless of sport): **10**

Discipline-specific anti-doping presentation for national sports federations online: **22**

Anti-doping presentation at a medical conference: **4**

Anti-doping presentation at sports conference: **2**

As defined in the public tender, HUNADO is required to give 22 anti-doping presentations annually to national sports federations:

Completed: 22

Mandatory anti-doping training in the Top Coach Program (Coaches who do not participate in the program can participate in the training but do not take the exam):

- 2020.06.16.: 143
- 2020.10.06.: 276

Total: **419**

Passed the test successfully:

- 2020.06.16.: 117
- 2020.10.06.: 242

Total: **359**

WADA Outreach Program (Info Tent) visitor number: **2200**

WADA quiz filler number: **780**

Number of clicks on the ban list on HUNADO's website: **3800**

Number of questions related to WADA's ban list: **122**

5. Conclusions and suggestions

Anti-doping education has been available to all participants in Hungarian sport.

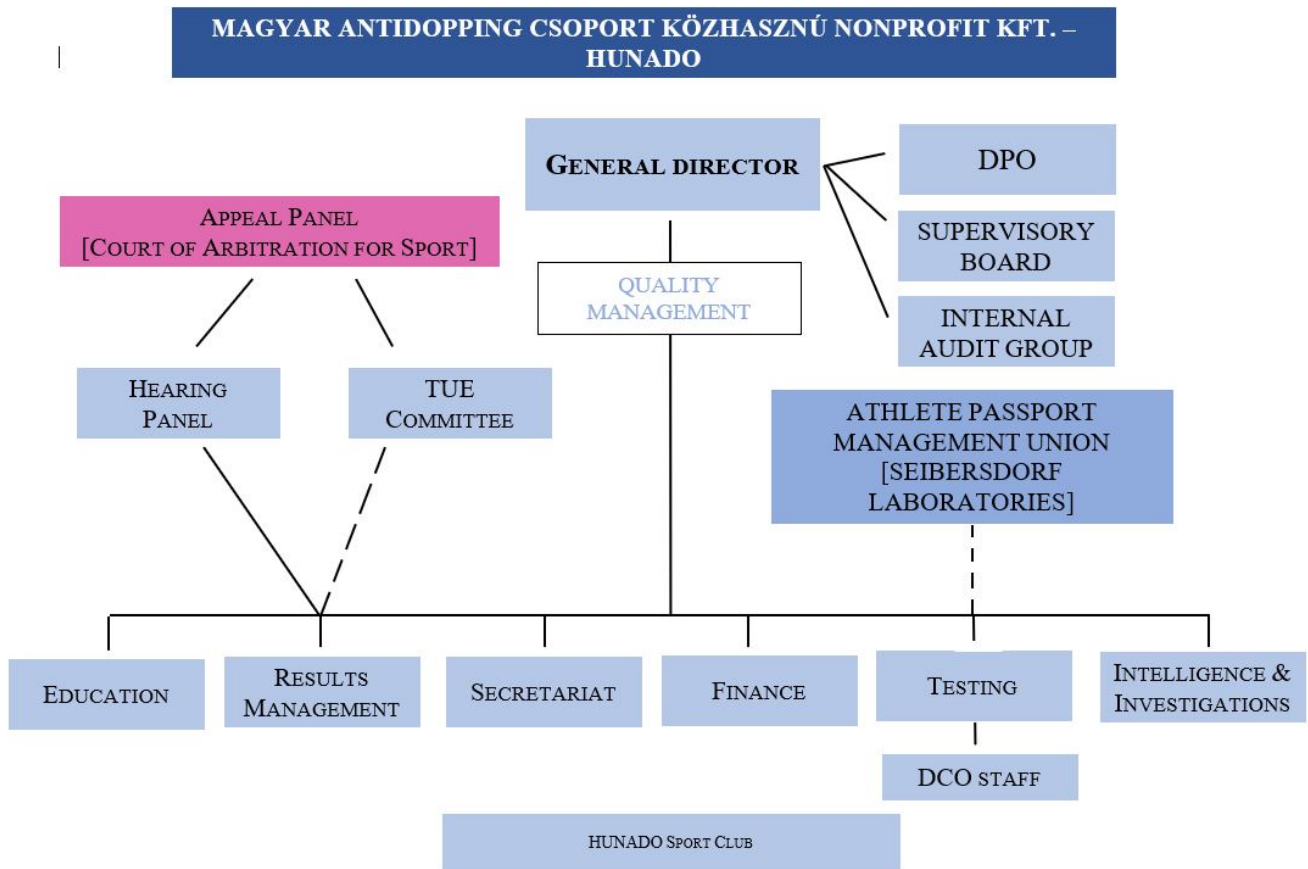
However, unfortunately, in view of the unexpected epidemic situation, it is not predictable to what extent we can really share the planned training program with those interested.

In the future, we believe it is important to involve Athletes in the design of our education program and, as always, we still count on cooperation with anti-doping organizations of other nations.

In contrast to previous years, we have been able to allocate a greater share of our budget to education, so we have a better quality, wider program for Athletes and professionals assisting Athletes.

The new International Standard for Education (ISE) will be in place in 2021 – so we are re-organizing our education program. Based on risk analysis, we place greater emphasis on organized training and educational programs aimed at different target and age groups. HUNADO's main goal is to make anti-doping education accessible to all and to promote the importance of clean and fair sport at an appropriate level for all age groups.

ORGANIZATION STRUCTURE



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